Fela Warschau discusses her prewar family life; her experiences as a prisoner in Bergen-Belsen; her forced labor in the sub camps of Bergen-Belsen; her liberation by British forces; the difference between the American and British zones; living in the Feldafing displaced persons camp; meeting her husband and getting married; having children; the fate of her family in Auschwitz; immigrating to the United States; living in Sheboygan, Wisconsin; her views on the United States; the importance of sharing her Holocaust experiences with school children; visiting other survivors from the Lodz ghetto; going back to Auschwitz; her feelings on Germany and Poland; her thoughts on Kosovo and contemporary acts of genocide; religion; and the importance of remembering the Holocaust.