Carla Lessing discusses living in Holland; going into hiding with her family with help from the Catholic Church; her experiences in hiding; daily life in postwar Holland; joining a Zionist organization; meeting her husband and getting married; immigrating to the United States; daily life in Ossening, New York; moving to a kibbutz in Israel; the difficulties of moving back to the United States; life in Hastings, New York; having children; working on her education; her career in social work; taking her children to Holland; founding a support group for Dutch Holocaust survivors who had been in hiding; working with the Hidden Children of the Holocaust conference; and her religious beliefs.